

Do you suffer from debilitating
emotional, mental
or physical difficulties
that prevent you from leading
a successful life?

Do you jump from
therapy to therapy,
unable to address the source of your symptoms?

What if there
was one
root
cause to all of
your obstacles-
and a single,
comprehensive
solution?

TAP into your power

The taproot is the main root of the tree. As the foundation and primary source of nourishment, it finds nutrients beneath the surface, enabling the tree to survive storms and drought, and develop to growth and maturity.

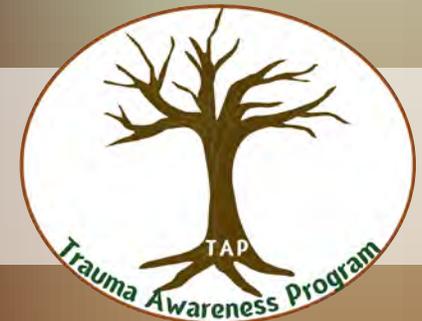
TAP is dedicated to providing the resources necessary to replenish the essential nutrients needed to heal the wounded inner child, so that the functional adult can thrive and become a source of nourishment.



Education . Awareness . Resolution
info@tapprogram.org



TAP
Trauma Awareness Program



You may be suffering from Childhood Relational Trauma

Childhood Relational Trauma occurs when a child experiences anything less than nurturing by a major caregiver. This includes enmeshment, abandonment, or neglect, with varying levels and aspects of overt and covert abuse.

A child needs nurturing and connection from his major caregivers in order to thrive in his relationships and throughout life. When a child doesn't receive the nurturing that he needs, his inner growth is stunted. This emotional immaturity often drives symptoms, such as depression, anxieties, addictions, and problems in forming healthy adult relationships.

When an adult displays crippling emotional symptoms, it is often an expression of his reaction to the emotional wounds of his childhood.

TAP is the
solution
you've been seeking.

TAP (Trauma Awareness Program) is a nonprofit organization dedicated to educating our growing community about the root causes of Childhood Relational Trauma and its lasting effect on adult life. TAP is committed to helping those suffering from Childhood Relational Trauma recover, empowering the functional adult to thrive and form healthy, meaningful relationships. The experts at TAP offer tools to resolve untreated trauma through modalities of experiential therapy. This includes understanding and releasing toxic emotions carried from childhood, as well as learning how to nurture and re-parent the wounded 'inner child'.

TAP utilizes Post-Induction Therapy (PIT) as a framework to address core issues of developmental immaturity/codependence.

TAP Services

TAP provides a community of recovery for patients struggling to nurture their inner child and achieve successful and fulfilling adult lives. Our wide array of services addresses every aspect of the recovery process, with personalized guidance for every step of the way.

- Seminars by trauma experts
- Training for therapists
- Tele-classes on personal development
- Educational newsletters
- Support groups
- Beginner's group therapy
- Personal consultations



TAP provides ongoing education and awareness to therapists and mental health professionals, introducing them to the symptoms, causes and treatments of Childhood Relational Trauma.

